

delirious "Berry cream Muffins" from "Country Women" May/June -95
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4 cups all-purpose flour

2 cups sugar

2 teaspoon baking powder

1 teaspoon baking soda

1 teaspoon salt

3 cups fresh or frozen
raspberries or blueberries

4 eggs, lightly beaten

2 cups (16 oz) sour cream

1 cup vegetable oil

1 teaspoon vanilla

In large bowl, combine flour, sugar, baking powd., baking
soda and salt; add berries & toss gently. Combine eggs,
sour cream, oil & vanilla; mix well. Stir into dry ingredients.