

Covey Island Sauce

2 lb. ground beef, 2 tsp. chili powder,
2 1/2 tsp. cumin, 1 med. bottle ketchup,
1 tsp. pepper, 2 tsp. salt, 1 tsp. sugar.

Brown beef & drain grease add
a little water (if needed). Add rest
of ingredients but add the
ketchup as needed for desired
consistency. Simmer 40 min. or
longer for best flavor.