Libby's

Excellent Source of Vitamin A & Fiber

LOW IN CALORIES & FAT

100% PURE

PUMPKIN

100% CALABAZA PURA

America's Favorite Pumpkin

NET WT/PESO NETO
29 OZ (1 LB 13 OZ) 822g

Nutrition Facts
Datos de Nutrición

Serving Size/Tamaño por Ración: ½ Cup/Taza (122g)
Servings per Container/Raciones por Envase: about/aprox. 7

Amount Per Serving/Cantidad por Ración	
Calories/Calorías 40	Cal. from Fat/Cal. de Grasa 5
	% Daily Value*/% Valor Diario*
Total Fat/Grasa Total 0.5g	**1%**
Sat. Fat/Grasa Sat. 0g	**0%**
Trans Fat/Grasa Trans 0g	
Cholesterol/Colesterol 0mg	**0%**
Sodium/Sodio 5mg	**0%**
Total Carb./Carb. Total 9g	**3%**
Dietary Fiber/Fibra Dietética 5g	**20%**
Sugars/Azúcares 4g	
Protein/Proteínas 2g	

Vitamin A 300% (80% as beta-carotene)
Vitamina A 300% (80% como beta-caroteno)
Vitamin/Vitamina C 2% • Calcium/Calcio C 2%
Iron/Hierro 4% • Vitamin/Vitamina E 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
* Los porcentajes de Valores Diarios están basados en una dieta de 2,000 calorías. Sus valores diarios pueden ser mayores o menores dependiendo de sus necesidades calóricas:

Calories/Calorías	2,000	2,500
Total Fat/Grasa Total	Less than/Menos que 65g	80g
Sat. Fat/Grasa Sat.	Less than/Menos que 20g	25g
Cholesterol/Colesterol	Less than/Menos que 300mg	300mg
Sodium/Sodio	Less than/Menos que 2,400mg	2,400mg
Total Carbohydrate/Carbohidrato Total	300g	375g
Dietary Fiber/Fibra Dietética	25g	30g

Nestlé

QUESTIONS?
Call 1-800-854-0374, M-F 8AM-8PM ET.
Se habla español.
Visit us at / Visítenos en
VeryBestBaking.com
MiCocinaLatina.com

NUTRITIONAL COMPASS™

INGREDIENT: PUMPKIN. / **INGREDIENTE:** CALABAZA.

PRODUCED AND DISTRIBUTED BY
PRODUCIDO Y DISTRIBUIDO POR:
NESTLÉ USA, INC., SOLON, OHIO 44139 USA

PLEASE RECYCLE STEEL

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FREQUENTLY ASKED QUESTIONS AND RECIPES INSIDE

2007

Libby's

FAMOUS PUMPKIN PIE

(Makes 2 pies, 16 servings)

- 1½ cups sugar
- 1 tsp. salt
- 2 tsp. ground cinnamon
- 1 tsp. ground ginger
- ½ tsp. ground cloves
- 4 large eggs
- 1 can (29 oz.) LIBBY'S® 100% Pure Pumpkin
- 2 cans (12 fl. oz. *each*) CARNATION® Evaporated Milk
- 2 *unbaked* 9-inch (4-cup volume) deep-dish pie shells

MIX sugar, salt, cinnamon, ginger and cloves in small bowl. Beat eggs in large bowl. Stir in pumpkin and sugar-spice mixture. Gradually stir in evaporated milk.

POUR into pie shells.

BAKE in preheated 425°F. oven for 15 minutes. Reduce temperature to 350°F.; bake 40-50 minutes or until knife inserted near center comes out clean. Cool on wire rack for 2 hours. Serve immediately or refrigerate.

NOTE: Do not freeze pie, as this will cause the crust to separate from the filling.

- **3½ tsp. pumpkin pie spice may be substituted for the cinnamon, ginger & cloves, however, the taste will be slightly different.**

For LIBBY'S® Pumpkin Roll recipe and more, see inside label or visit:
VeryBestBaking.com
MiCocinaLatina.com

9" P

OVER 7 YEARS OF QUA

SERVING SUGGESTION